



Medical genetic center
MAMA PAPA

Instructions for self-collection of biological material (buccal epithelium)

1. Rinse your mouth with clean water (give babies water to drink). If more than an hour has passed since the meal, it is not necessary to do so.

2. Sign paper envelopes for each participant, indicating the presumed relationship, such as father / child.



3. Prepare 2 ear cotton swabs for each participant. Cut the cotton tip on one side of the stick and throw it away.

4. Without touching the cotton wool on the stick, carefully rub with a cotton swab on the inside of the cheek, while rotating it around its axis, for about 10 seconds, trying to cover the entire surface of the inside of the cheek.



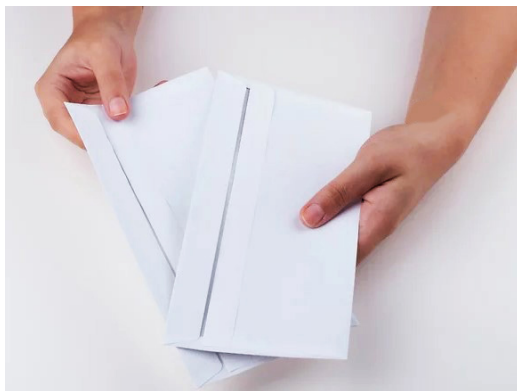
5. Put the wand in the envelope. Do the same with the second stick.

6. Seal the envelope and start taking samples from the other participant (items 4 and 5).

7. When you are finished, there should be one sealed envelope for each test participant, each of which should contain 2 cotton swabs with the collected samples.

8. Put small envelopes in a large envelope, send it to us using the delivery service «Nova poshta».

Address for dispatch: Kyiv, branch № 288, recipient MAMA PAPA LLC (Savelieva M. V.) / ТОВ МАМА ПАПА (Савельєва М.В.) tel. (067) 578 05 00 (tell us the invoice number).



9. After notification that we have received your samples, you need to pay the cost of the test through any bank and inform us about the payment.